



St. Teresa
of Avila
Catholic Church

Third Sunday of Advent
December 11, 2011

Rejoice always. Pray without ceasing.

— *1 Thessalonians 5:16*

Parish Mission Statement

The Saint Teresa of Avila Parish is a diverse Catholic community of faith that embraces everyone, without exception. We see ourselves as uniquely able to engage in dialogue with people of all faiths and act as peacemakers in our city. Challenged by the Gospel, nourished by the Eucharist and inspired by the teachings of Saint Teresa of Avila, we are called to be witnesses of Christ's Love, for the salvation of all people.

View from the Tower

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Rejoice in the Good News



Last weekend had many special moments for our parish: it began on Friday evening with a beautiful and peaceful liturgy remembering the life of Isabella Feliciano; Saturday, a number of young people from Frances Xavier Warde helped to decorate the parish hall and returned on Sunday morning to help serve our Breakfast With Santa; yes, people, there *is* a Santa, and he appeared at the end of the Mass and prayed before the empty manger for Jesus to come; over 80 children whispered in Santa's ear their special requests; many ate a hearty breakfast prepared by a number of elves from the Men's Spirituality ministry; two individuals were welcomed into the Order of Catechuminate as they prepare for Baptism, Confirmation and Eucharist; four individuals asked to be candidates to be received into full communion with the Catholic Church; two babies were baptized at the Noon Mass, both being named Kellen; and at all the Masses, Kevin and Brad were sent to Haiti to connect our parish with the parish of St. Rose of Lima to offer support in rebuilding a community devastated by the earthquake.

As you can see, this was a very full and beautiful weekend. A special thanks to all the volunteers who worked behind the scenes and in the kitchen. As usual, Santa and his Mrs. were warm, joyful and patient in the time spent with each child. This was a weekend in which many memories were created, good memories that will continue to be remembered fondly by so many people.

More good news: one of our own, Tom Micinski has been accepted in the lay ministry program and meets with the Cardinal this very weekend. He begins his studies next month at Loyola and will participate in a two-to-three-year program of theological studies which will prepare him to be certified as a pastoral associate for the parish. He will bring with him many gifts and talents that will significantly help in a variety of ministries. More importantly, he is a man of deep faith and his current commitment to our community as Facilities Manager has been invaluable to all of us.

Next year promises to be wonderful as we continue to be informed and educated about our facilities plan. I will be meeting with the parish council, which I want to have a more active role in this process. The leadership of the parish is comprised of the Parish Council and the Finance Council, both of which work with the Pastoral Staff under the guidance of the pastor. These parishioners are deeply committed to this Catholic community and are only interested in furthering the growth of the parish. And I am very lucky to have a small but hard working group of individuals on the staff, who wear so many different hats and work many more hours than expected.

Finally, I want to thank once again Rebecca and Deana for all that they did to lead our *Time of Your Life* fundraiser, and the many volunteers who also helped in so many unseen ways. This fundraiser helps to offset the weekly deficit in our collections and we will certainly end this fiscal year above water and firmly in the black, the third year in a row. Thank you *everyone* for your generosity and commitment to strengthening our financial picture.

A Blessed Gaudete Sunday to all: *Gaudete* means "rejoice" and is the first word of the entrance antiphon at Mass and has been for centuries, which is why we light the rose or pink candle on the third Sunday of Advent.

Peace,
Fr. Frank

St. Teresa of Avila Food Pantry Shopping List

The St. Teresa Food Pantry can always use non-perishable food items such as those listed below.

Pasta Sauce (26 oz.)	Canned Soup (10 oz.)
Canned Beans (15 oz.)	Canned Vegetables (15 oz.)
Canned Fruit (15oz.)	Spaghetti O's (15 oz.)
Peanut Butter (18 oz.)	Chili (15 oz.)
Tuna	Cereal
Macaroni & Cheese	Pasta

Boxed Soap Bar (4-5 oz.)

Sizes are the Maximum



Larger, sturdy paper and plastic shopping bags with handles are always in need.

Please check the expiration dates on all food items before donating them; we discard anything that is past the expiration date.

If your family would like to sponsor a large amount of a particular item, please contact Mike Usiak at usiak@sbcglobal.net.

The Food Pantry needs larger, sturdy paper and plastic bags with handles. Please drop them off in the church, parish center or parish office.



The Pantry is in need of three volunteers to help shop for groceries twice a month. Please contact Mike Usiak usiak@sbcglobal.net or the Parish Office to sign up.

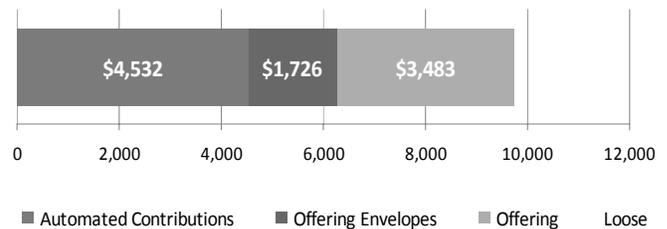
The next Food Pantry Committee meeting is Monday, March 5th at 7:00 pm in the Parish Center.

All are welcome to attend.

Weekly Collections Recap For December 4, 2011

Automated Contributions	Offering Envelopes	Offering Loose	Total
\$4,532	\$1,726	\$3,483	\$9,741

Weekly Sunday Collections (Budget of \$12,000)



We are currently running a \$2,259 deficit of our budgeted Sunday collections of \$12,000 for the weekend of December 4, 2011. As of November 30, 2011 we are flat with collections from last fiscal year.

Comments & Concerns

We want to ensure that any questions or concerns are fully addressed. Please contact the Finance Council Chair, Bill Mack, at williamdmack@hotmail.com or (312) 706-4266. Bill can provide you with the latest financial status, projections and key issues.

We also encourage you to attend the monthly Finance Council meetings on the third Monday of every month at 7:00 pm in the Parish Center.

Website & Bulletin Materials

Articles must be submitted by 11:00 am on Monday to be considered for the following Sunday's bulletin or for posting on the Website. Please contact Dean at (773) 528-6650 or dvaeth@sttereseparish.org

Readings, Liturgy & Tradition

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Today's Readings

First Reading — As a garden makes its growth spring up, so will GOD make justice spring up before all the nations (Isaiah 61:1-2a, 10-11).

Psalm — My soul rejoices in my God (Luke 1:46-50, 53-54).

Second Reading — Do not quench the Spirit. Do not despise prophetic utterances. Test everything; retain what is good (1 Thessalonians 5:16-24).

Gospel — I am the voice of one crying out in the desert, make straight the way of the Lord (John 1:6-8, 19-28).

John the Baptist

At a school open house a woman could be overheard introducing her husband to some of the other parents. “Oh, Bill, I’d like you to meet Johnny’s father. And over here, this is Marie’s mom; you know, the little girl from our Ellen’s soccer team.”

With satisfied resignation Bill introduced himself not by name: “I’m Ellen’s Dad.”

It’s good to know who you are. Be it someone’s father or mother, son or daughter, husband or wife, it’s important to embrace the full meaning of our various roles.

John the Baptist knows who he is. And who he is not. He is not the Christ. Nor Elijah. Nor like any other prophet God’s people had ever seen.

John the Baptist knows his mission is divine. He’s more than satisfied to be the one to announce the coming of God’s reign. The Christ is near. Make straight your paths. — Copyright © J. S. Paluch Co.



Readings for the Week

Monday:	Zec 2:14-17 or Rv 11:19a; 12:1-6a, 10ab; Lk 1:26-38 or Lk 1:39-47, or any readings from the Common of The Blessed Virgin Mary, nos. 707-712
Tuesday:	Zep 3:1-2, 9-13; Mt 21:28-32
Wednesday:	Is 45:6b-8, 18, 21b-25; Lk 7:18b-23
Thursday:	Is 54:1-10; Lk 7:24-30
Friday:	Is 56:1-3a, 6-8; Jn 5:33-36
Saturday:	Gn 49:2, 8-10; Mt 1:1-17
Sunday:	2 Sm 7:1-5, 8b-12, 14a, 16; Ps 89; Rom 16:25-27; Lk 1:26-38

Treasures from Our Tradition

Today there is an abrupt shift in the season of Advent. From here on the tone is more joyful and expectant and the tug of the Christmas message is irresistible. At daily Mass tomorrow we begin to unfold the story of Jesus’ birth. Who can resist the beauty of the first reading today—deserts aflame with flowers, arthritics set to dancing, the tone-deaf singing hymns? So we don’t miss the change, the parish may take rose-colored vestments out of mothballs, we may light rose-colored candles on the wreath, or fill in our wreaths with desert flowers, pink seashells, seed pods, cones and berries. The seeds of God’s kingdom have been sown in us. In these shining days of Advent they are sprouting in many ways. How do we bring the promise to light? This is the week to prepare gifts for the poor. It is the week to invite a lonely neighbor to your Christmas dinner, the week to write a note forgiving a lost friend, the week to shatter a family grudge so that even in the desert places of your heart, Christ’s life may blossom. — James Field, Copyright © J. S. Paluch Co.

Lecturas, Liturgia Y Tradición

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Juan El Bautista

En una casa abierta de la escuela se escuchó a una mujer presentando a su marido a algunos de los otros padres. “Oh, José, me gustaría que conozcas al padre de Juanito. Y aquí, esta es la mamá de María, ya sabes la niña que juega fútbol con nuestra Elena”.

Con satisfecha resignación Bill se presentó no por su nombre sino: “Soy el padre de Elena”.

Es bueno saber quién es uno. Si somos el padre o la madre de alguien, hijo o hija, esposo o esposa, es importante que aceptemos el sentido pleno de nuestras diferentes funciones.

Juan Bautista sabe quién es. Y quién no es. No es el Cristo. No es Elías. Tampoco igual a ningún otro profeta que el pueblo de Dios hubiese visto.

Juan Bautista sabe que su misión es divina. Está más que satisfecho de ser el que anuncia la venida del Reino de Dios. El Cristo está cerca. Enderecen sus caminos. — Copyright © J. S. Paluch Co.



Tradiciones de Nuestra Fe

El día 16 de diciembre comienza la Novena de Aguinaldos en Colombia y otras partes de Latinoamérica. La novena consiste en 9 partes que se repiten por 9 noches:

- | | | |
|--------------------|--------------------------|-----------------------------------|
| 1- Oración inicial | 4- Reflexión del día | 7- Un Salmo |
| 2- Oración Mariana | 5- Gozos | 8- Invocación final |
| 3- Oración de José | 6- Oración al Niño Jesús | 9- Villancicos (cantos navideños) |

Los participantes buscan aguinaldo (regalo). Para esto los Colombianos tienen la costumbre de jugar “pajita en boca” buscando quien no trae una pajita en boca. La persona que no pueda mostrar que trae pajita en boca tiene que dar un regalo a quien lo descubrió. Los aguinaldos son recuerdo del regalo que nos dio Dios en su Hijo Jesús, prenda de su amor. Y si Dios nos da un aguinaldo tan grande es porque Dios no tiene pajita en boca cuando nos dice que nos ama.

En el corazón de la Novena está el refrán de Gozos:
Dulce Jesús mío / mi niño adorado
ven a nuestras almas / ven no tardes tanto.
Muy buen mensaje para el Adviento.

—Fray Gilberto Cavazos-Glz, OFM, Copyright © J. S. Paluch Co.

Lecturas de hoy

Primera lectura — Regocíjense en el Espíritu del Señor que nos trae buenas noticias (Isaías 61:1-2a, 10-11).

Salmo — Mi espíritu se alegra en Dios, mi Salvador (Lc 1:46-50, 53-54).

Segunda lectura — ¡Alégrese! Conserven su integridad en el Espíritu y guárdense sin mancha hasta la venida del Señor (1 Tesalonicenses 5:16-24).

Evangelio — Cuando preguntan a Juan Bautista quien es, dice, “Soy la voz que grita en el desierto” (Juan 1:6-8, 19-28).

Lecturas de la Semana

- Lunes:** Zac 2:14-17 o Apo 11:19a; 12:1-6a, 10ab; Lc 1:26-38 o Lc 1:39-47 o cualquier lectura del Común de la Santísima María Virgen, nos. 707-712
- Martes:** Sof 3:1-2, 9-13; Mt 21:28-32
- Miércoles:** Is 45:6b-8, 18, 21b-25; Lc 7:18b-23
- Jueves:** Is 54:1-10; Lc 7:24-30
- Viernes:** Is 56:1-3a, 6-8; Jn 5:33-36
- Sábado:** Gén 49:2, 8-10; Mt 1:1-17
- Domingo:** 2 Sam 7:1-5, 8b-12, 14a, 16; Sal 89 (88); Rom 16:25-27; Lc 1:26-38

Sacraments & Ministries

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December Baptisms



Kellen Matthew Browne (12-4-11)

Kellen Thomas Spoerer (12-4-11)

Leah Ann Khayum (12-11-11)

Nora Jane Anderson (12-18-11)

St. Teresa says...



“Don’t let your soul withdraw into a corner, for instead of obtaining sanctity you will obtain many imperfections.”

The Seven Principles of Catholic Social Teaching

- Life and Dignity of the Human Person
- The Call to Family, Community and Participation
- Rights and Responsibilities
- Option for the Poor and Vulnerable
- The Dignity of Work and the Rights of Workers
- Solidarity: One Human Family
- Care of God's Creation



Calendar at a Glance

December 11, Sunday

Third Sunday of Advent • Tercer Domingo de Adviento

- 9:00 am, REC, Nine A.M. Nursery
- 9:15 am, REC4, Children’s Liturgy of the Word
- 10:00 am, PC1-2, Baptism Preparation
- 10:30 am, REC1-2-3 Catechesis of the Good Shepherd
- 11:30 am, PC1-2-3-4, Virgen de Guadalupe Celebracion
- 12:00 pm, REC1, RCIC Spanish
- 1:00 pm, APD, Archdiocesan PR Committee

December 12, Monday

Our Lady of Guadalupe • Nuestra Señora de Guadalupe

- 7:00 am, PC1-2, Parish Council
- 7:30 pm, AVC, 12-Step Meeting

December 13, Tuesday

St. Lucy • Santa Lucia

- 6:15 am, PC3, Men’s Spirituality Group
- 4:30 pm, REC1-2-3, Catechesis of the Good Shepherd
- 5:30 pm, PC-4, RCIA
- 6:00 pm, APC, 12-Step Meeting
- 6:00 pm, PC1-2-3, SPRED Total Community
- 7:00 pm, Church, Eucharistic Adoration

December 14, Wednesday

St. John of the Cross • San Juan de la Cruz

- 5:30 pm, PC1-2, Church, CCFC Catechesis
- 6:00 pm, APC, 12-Step RA Meeting
- 7:00 pm, PC4, Chicago Catholic Scripture School
- 7:30 pm, APC, 12-Step AA Meeting
- 7:30 pm, APB, 12-step SA Meeting

December 15, Thursday

Primer Día de las Posadas; Primer Aguinaldo

- 4:30 am, REC1-2-3, Catechesis of the Good Shepherd

December 16, Friday

- 3:30 pm, PC3-4, Loaves & Fishes Setup
- 5:00 pm, PC 3-4, Loaves & Fishes Dinner
- 7:00 pm, Church, Spanish Prayer Group

December 17, Saturday

- 9:00 am, GS, Blest Art Sale
- 9:00 am, APB, 12-Step SA



Mass Schedule & Intentions

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Mass Intentions

December 10

5:00 pm All Deceased Members of the Parish

December 11

9:00 am Tim Halpin
Doris “Boots” Reed
Robert DiVall

10:30 am Margarita Vazquez

12:00 noon Susan Patrasso

6:00 pm All Deceased Members of the Parish

In Our Prayers

Please pray for our deceased friends and parishioners...

Alfonzo Ardana, Amalia Bech, Greg Bruce, Ethel Brumleve, John Breault, Gaspar Diaz, Julia Faloyin, Isabella Feliciano, Carlos Hernandez Gomez, Manuel Gomez, Donald Grabarczyk, Sr. Joan Granzeier, Timothy Halpin, Lee Incandela, Michael Kinsella, Isabelle Martinez, Cindy O’Keefe, Ben & Susan Patrasso, Doris Reed
Victims of the War & Domestic Violence

Let us also pray for those who are ill, especially...

<i>Johnnie Mae Alexander</i>	<i>Chuck Jabaley</i>	<i>Honorata Alicea Peña</i>
<i>Alicia Anderson</i>	<i>Pat Johnson</i>	<i>Hector J. Rivera</i>
<i>Berta Billalvazo</i>	<i>Dave Kostelansky</i>	<i>Irma Rivera</i>
<i>Patricia Chuck</i>	<i>Betty LaCour</i>	<i>Pedro Rodriguez</i>
<i>Basilio Diaz</i>	<i>Adolfo Lorenzana</i>	<i>Ray Romero</i>
<i>Jackson Fineske & Family</i>	<i>Carmen Dolores Lorenzana</i>	<i>Jeffrey Roscoe</i>
<i>Kaylee Frederking</i>	<i>Carmen Felicita Lorenzana</i>	<i>Sr. Jean Ryan, O.C.D.</i>
<i>Padraig Gallagher</i>	<i>Miguel Lorenzana</i>	<i>Philomena Russum</i>
<i>Eloisa Gallegos</i>	<i>Lori Lyons</i>	<i>Jack Schank</i>
<i>Michael Gibbons</i>	<i>George Maroquin</i>	<i>Ruth Schmitz</i>
<i>Angela Goldberg</i>	<i>Jose Marroquin</i>	<i>Mima Tome</i>
<i>Kaylee Gommel</i>	<i>Tammy Martin & Family</i>	<i>John Wagner</i>
<i>Les Gordon</i>	<i>Natasha McShane</i>	<i>Bernadine Walters</i>
<i>Genevieve Gorgo</i>	<i>Margaret Sue Meadors</i>	<i>Michael Woyan</i>
<i>Geneva Gorgo</i>	<i>Bill Mobley</i>	<i>Survivors and perpetrators of sexual abuse</i>
<i>Mrs. Grabarczyk</i>	<i>John Monier</i>	
<i>George Halloran</i>	<i>Elda Myers</i>	
<i>Kellar Harris</i>	<i>Frank Neki</i>	
<i>Fr. Patrick Harrity, C.M.</i>	<i>Angel Nieves</i>	
<i>David Hoffman</i>	<i>P. A. O’Neil</i>	
<i>Rod Holzkamp</i>	<i>Msgr. Kevin O’Neill</i>	
	<i>Nella Palazzolo</i>	

Our Mass intentions have many openings. If you would like to have a Mass said for someone alive or deceased, contact Dean Vaeth at the parish office at (773) 528-6650, ext.230 or dvaeth@stteresaparish.org

In order to be added to our prayer list, a member of the immediate family should request that a person’s name be added. We list the names of the deceased parishioners and friends for six months. If you wish the name of a loved one left on the list longer than six months, please contact Dean Vaeth at the parish office.

DATE	TIME	CELEBRANT	LECTOR	EUCCHARISTIC BREAD	EUCCHARISTIC WINE
12-17-11 Saturday	5:00 pm	Fr. Frank	Maggie Kuhlmann	Leigh Hartley	Gavin Rehkemper Kari Richardson
12-18-11 Sunday	9:00 am	Fr. Benjamin Aguilar	Valerie Williams	Rose Ohiku Jennifer Barrett Theresa Jabaley	George Halloran Phyllis Halloran Jane Bronson Dan Anderson
12-18-11 Sunday	10:30 am	Fr. Benjamin Aguilar	Tony Rivera Betsy Velazquez	Josefina Gomez	Josie Gomez
12-18-11 Sunday	12:00 noon	Fr. Frank	Luke Kolman	Colin McCue	Myrna Gomez Kinsella Aimee Jaszczor
12-18-11 Sunday	6:00 pm	Fr. Frank	Karen Melchert	Jane Ott Lina Hilko Mark Van Grinsven	Christine Villoch Sharon Lindstrom Wendy Tynan Nancy Van Grinsven

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Martin the monk and Saint Benedict



There's a wonderful story about an old monk and Saint Benedict. Just to give a very brief introduction, Saint Benedict was born in Italy around 480 and lived for 67 years or so. The great Roman Empire that we read about in the New Testament was in ruins. Society was basically a two class system: land owners and surfs. Christianity and Judaism were the only two main religions in the Western world.

At that time there were no monasteries as we know them today and the major Catholic religious orders did not yet exist. If someone was "called" to religious life, they headed for the hills, actually, the caves, to live a life of solitude, fasting and prayer. Benedict was called to such a life, which he pursued for many years. At some point, he was called to establish small communities of men would pray and fast together and support one another in their journey toward becoming Christ in the world.

The story about the old monk goes as follows: there was a hermit named Martin that had chained himself to the side of his solitary cave. When Benedict heard of it, he sent Martin this message, "If you are indeed a servant of God, do not chain yourself with chains of iron. But rather, let Christ be the chain that binds you."

This wonderful little story speaks to two dynamics of the spiritual journey: to purge oneself from the self-inflicted chains that bind one, and to purge oneself of one's ego. Martin was singled mindedly wed to the concept that to be Christ in the world meant to suffer as Christ suffered. Benedict was asking Martin to let go of his ideas, his suffering and his ego so that Christ could fully enter his heart and help Martin become the true light of Christ in the world. Timely for advent is this story of purging oneself in order to be reborn anew.

**Join us for the next session of
Men's Spirituality Group
on Tuesday, December 13
from 6:15 am to 7:30 am in the parish center.**

Contact Dan Anderson at (773) 844-4494 or dananderson@ameritech.net or Tom Kosnik at (312) 527-2950 or tkosnik@visusgroup.com

— Tom Kosnik

Children's Choir Practice

All children who are interested in singing at the 4:00 pm Christmas Eve Children's Mass are invited to come to the Religious Education Center both this Sunday December 11th and next Sunday December 18th at 10:15am to practice the songs with Rita McConville.



If there are any questions, please contact Kate Lynch at kolynchdre@gmail.com or (773) 528-6650 x232.

Giving Tree Gifts Due Dec. 14th



Please return your gifts with their giving tree tags by 7:30 pm December 14th. Please drop off your packages in the Church or at the parish off at 1930 N. Kenmore.

Thank you for your enthusiastic response to the St. Teresa Christmas Giving Tree.

Volunteers Needed For Parish Leadership Day

The Archdiocesan Office for Councils and Christ Renews His Parish will present its 2012 Parish Leadership Day on February 18 at Loyola Academy, 1100 Laramie Ave., in north suburban Wilmette.

This event has been blending faith, knowledge and skills to transform parishes in the Archdiocese of Chicago since 1984. It will feature keynote addresses by renowned speakers; opportunities for participants to dialogue with Cardinal Francis George; more than 90 workshops presented in English, Spanish and/or Polish by qualified, experienced presenters in the areas of leader formation, spiritual life, parish life, human concerns and education; exhibits by Archdiocesan agencies, groups outside the archdiocese, and merchants; lunch conversation with Cardinal George; and a closing liturgy celebrated by Cardinal George with a special homilist.

Planning for the 2012 Parish Leadership Day is well under way. Volunteers are needed to help with a variety of functions prior to the event, as well as on Leadership Day itself. For more information on how you can help, call Rita Kattner, Executive Director of the Office for Councils/Christ Renews His Parish, at (312) 534 - 8364.

Ministry of Care A Powerful and Rewarding Volunteer Opportunity



Applications are now being accepted for the Ministry of Care. Volunteers in this ministry are commissioned to offer compassion, prayer and Eucharist to those who are sick or home-

bound. Ministers of Care can visit the home-bound in their home or visit patients at one of the following healthcare facilities: Northwestern Memorial Hospital, Prentice Women's Hospital, Rehabilitation Institute of Chicago, Warren Barr Pavilion. Initial training and on-going formation is provided. Volunteers serve weekly or on alternating weeks for approximately two hours each time.

If you would like to learn more about this volunteer opportunity, please call Ken Jaszczor at 773-235-8472.

Do More Than Make It Through The Winter – Make a Difference!

The Center for Economic Progress is looking for volunteers to work one-on-one with low-income families to help them move toward financial security.

Volunteer at a Tax Preparation Site

- No experience is necessary—choose a position to fit your current skills or learn something new.
- All training is provided; classes run in January.
- Volunteers are asked to commit 20 hours (averaging to a few hours a week) between January and April.
- Community sites are available throughout Illinois.

Volunteer Positions Available

- Tax preparers: Work with clients to file federal and state tax returns and provide counseling on tax credits and forms.
- Tax site assistants: Perform essential non-tax-preparation activities, including client intake, translating and educating on basic banking options available on site.

See why over 1,100 volunteers dedicated last winter to serving 28,000 families statewide. Register to volunteer, view training schedules and find a site near you at www.economicprogress.org/volunteer.



Introducing the EDGE: St. Teresa's New Youth Program



This fall we have 16 teens (7th, 8th and 9th graders) participating in the EDGE: a fun-filled youth group experience which includes confirmation preparation, learning practical life skills and community service. We meet most Sunday evenings from 7:00-8:30 pm in the Religious Education Center. Our first semester we have been learning about the seven principles of Catholic Social Teaching and how we can apply them to our lives.

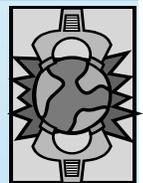
As a Catholic community, we are going to give our middle school youth The EDGE they need in life: God's love that is made known to us through Jesus, The Word, The Eucharist, and the Church. If you would like more information, please contact Kate Lynch at kolynchdre@gmail.com or (773) 528-6650 x232.

Claret Helps with Seasonal Stress

The winter season can be a stressful time for some people. With the cold and darkness, some of us feel more depressed or anxious than usual. Some may have difficulty doing the things they enjoy, like exercising or meeting up with friends. And with the holidays, on top of our regular busy schedules, we now have to find time to buy presents, grocery shop for holiday meals, and prepare our homes for guests.

While all of this can be joyful, it may also be difficult to manage. Some may feel irritable and impatient as they try to find ways to get everything done. We find ourselves spending more time with our immediate and extended family. Families can bring up negative emotions and old patterns that we've worked to get past, and being right back in them can be distressing.

Whether it is the winter or holiday blues, therapy can help relieve depression, anxiety, and stress. The Claret Center offers therapy services for individuals, couples, and families. Melanie Maxwell, a licensed therapist, is from the Claret Center and is available to meet in a private office at the parish. Call her at (773) 643-6259 ext. 38 to schedule an appointment.



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Hope: An Immigrant Story

Esperanza: Una Historia Migrante

“I was a stranger and you welcomed me...”
(Matthew 25:35)

“Fui forastero y ustedes me recibieron...”
(Mateo 25:35)

Maria is a mother of four young children; ages 6, 4, 2, and an infant. While she was still pregnant with the infant her husband, and father of her children, left on a Monday morning to work in the fields of Michigan. He never returned home that Friday. He had been detained for a very minor traffic offense. Despite his hard work, being in the United States for 9 years and having four young children born in the US, he was deported before Maria could even locate him. Maria had no source of income, nowhere to turn, so she turned to the Church. Pastoral Migratoria provided assistance to pay rent and other necessary expenses. Also with the assistance of one of the Pastors at the church, they were able to find a place for her children at the parish school.



María es una madre de cuatro hijos pequeños con edades de 6, 4 y 2 años y un bebé recién nacido. Mientras aún se encontraba embarazada con el hijo (ahora recién nacido), su esposo, el padre de sus hijos, se fue por la mañana de un lunes a trabajar en los campos de Michigan. Él nunca volvió a casa aquel viernes. Fue detenido por una infracción menor de tránsito. A pesar de su arduo trabajo, el haber estado en Estados Unidos por 9 años y con 4 hijos pequeños nacidos en EE.UU., lo deportaron antes de que María lo pudiera localizar. María carecía de una fuente de ingresos y no tenía a dónde acudir y por lo tanto se fue a la Iglesia. La Pastoral Migratoria le ayudó a pagar el alquiler y otros gastos necesarios. También con la ayuda de uno de los párrocos de la Iglesia, sus niños se matricularon en la escuela parroquial.

How could we accompany this family?

Join us on Friday Dec. 16th, 101 W. Congress, at 7:00 am, for the Posada Pilgrimage.

¿Cómo podemos acompañar a esta familia?

Acompáñanos este viernes, 16 de diciembre a las 7 am en el 101 West Congress para la Posada de Solidaridad Migrante.

Office for Immigrant Affairs and Immigration Education
3525 S. Lake Park Ave, Chicago, IL 60653
Elena Segura (312) 534-5333, esegura@archchiago.org

Oficina para Asuntos de Inmigrantes y Educacion sobre Inmigracion
3525 S. Lake Park Ave, Chicago, IL 60653
Elena Segura (312) 534-5333, esegura@archchiago.org

Directory

Parish Office

1930 N. Kenmore
Chicago, IL 60614
(773) 528-6650
(773) 871-6766 fax
www.st-teresa.net 
dvaeth@stteresaparish.org

Office Hours

Monday—Friday: 9:00 am—7:30 pm
Saturday: 9:00 am—12:00 noon

Staff

Pastor

Rev. Frank Latzko, ext. 217

Deacon

Deacon Hector Rivera

Director of Religious Education

Kate Lynch, ext. 232
kolyndre@gmail.com

Music Director

Jason Krumwiede
musicalnut1@mac.com

Business Manager

Erica Saccucci, ext. 231
esaccucci@gmail.com

Office Manager

Dean Vaeth, ext. 230
dvaeth@stteresaparish.org

Reception

Olu Balogun, ext. 210
obalogun@stteresaparish.org

Facilities Manager

Thomas Micinski, ext. 212
tmicinski@stteresaparish.org

Maintenance/Housekeeping

Sergio Mora
Irma Saavedra

Parish Pastoral Council

Dave Hilko, Chair

Brian Graziano	Tony Rivera
Joe Haley	Mark Matejka
Becky Khayum	Dave Wisneski
Catherine Kosnik	

Infant Baptism

Baptisms are generally celebrated on the first Sunday of the month during mass, and on the third Sunday of the month following the noon mass. Parents are required to attend baptism preparation session. Please call Dean at the parish office (773) 528-6650, ext. 230 to schedule a preparation session and baptism at least three months in advance.

Marriage

Weddings are held at 12:00 noon and 2:00 pm on Saturday afternoons. Call the parish office for an appointment at least six months in advance.

Rite of Christian Initiation of Adults—RCIA

For those interested in becoming Catholic or simply desiring to learn more about our Catholic faith, contact Fr. Frank..

Children's Religious Education

Religious education is offered for children from age 3 through 8th grades. Two programs are offered - Catechesis of the Good Shepherd (a Montessori program) and a middle school program for 7th and 8th grade. For more information on religious education programs or sacramental preparation, please contact Kate Lynch at the parish office, ext. 232.

Registration

Registration forms are available at the back of church or at the parish office, or on our website at www.st-teresa.net.

Time for Prayer

The church may be opened for private prayer during the day. Please come to the parish office.

Weekend Masses

Saturday	5:00 pm
Sunday	9:00 am
<i>en español</i>	10:30 am
	12:00 noon
	6:00 pm

Weekday Masses

Monday to Thursday	7:30 am
Friday *	7:30 am

**Communion Service only*

Weekly Eucharistic Adoration

Tuesday	7:00 pm
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Reconciliation

Please call the parish office to make an appointment with a priest for the Sacrament of Reconciliation.

Communion for the Sick

Please call the parish office for arrangements.

Counseling Services

Theresa Nollette, M.Div., LCSW

Pastoral Counselor
(312) 540-0320
theresa_nollette@sbcglobal.net

Mary Ellen Moore, Ph.D.

Counseling and
Spiritual Direction
(773) 643-6259, ext. 17
www.claretcenter.org

Melanie McNally, LCPC

Psychotherapist
(773) 643-6259, ext. 38.
mmaxwell@my.adler.edu



St. Teresa
of Avila
Catholic Church